

## SuperiorAntioxidant™

### Purpose & Rationale

This product supplies important natural compounds, often limited in human diets, that are not only necessary constituents of vital tissues, but also have been shown to possess antioxidant and anti-inflammatory properties in specific areas that support everyday health and healthy aging. Intense, prolonged exercise, normal biological processes, including aging, can increase free-radical production and inflammation and associated body damage. The goals of these combined ingredients are to: 1) supply structural components limited by diet or age; 2) contain *excess* free radicals caused by normal biological processes, stress, aging, exercise and the environment, which is thought to be a major contributor to the aging process; and 3) help reduce harmful inflammation

### Typical Use

- For adults interested in supporting daily recovery from life and exercise and supporting healthy aging (including supporting eye and brain health) by decreasing free-radical damage and common inflammation, while maintaining levels of energy producing catalytic compounds that otherwise decrease with age.
- Intense exercisers to reduce the increased free-radical production and damage associated with intense and prolonged training bouts.
- Take 1 tablet per day after main meal with fluid.
- Can be combined with a dotFIT multivitamin for maximum potential and associated benefits.

### Unique Features

- Contains only the most effective researched antioxidants in their proper forms and amounts. Most competitive formulas are significantly under-formulated.

- Accurately complements the dotFIT multivitamin formulas.
- NSF Certified for Sport, verifying purity, potency and absence of contaminants.
- Vegetarian friendly.
- Uses the OptiBerry® blend, which is clinically proven to have superior antioxidant activity based on the ORAC (oxygen radical absorption capacity) scale.
- This formula considers use of other dotFIT products to help maintain a safe and optimal range of total nutrient intake.

### Contraindications

This product is contraindicated in pregnancy and lactation due to a lack of clinical trials performed with this population (other than lutein and zeaxanthin) and for anyone suffering adverse reactions to any of the ingredients. In all cases, consult with a physician.

<b>Supplement Facts</b>		
Serving Size: 1 Vegetarian Capsule		
Servings per Container: 30		
	<b>Amount Per Serving</b>	<b>% DV</b>
Alpha Lipoic Acid	200 mg	*
Co-Enzyme Q10 (CoQ-10)	100 mg	*
OptiBerry® Blend	30 mg	*
Wild blueberry ( <i>vaccinium angustifolium</i> ) fruit powder, Strawberry ( <i>fragaria chiloensis</i> ) fruit powder, Cranberry ( <i>vaccinium macrocarpon</i> ) fruit powder, Wild bilberry ( <i>vaccinium myrtillus</i> ) fruit extract, Elderberry ( <i>sambucus nigra</i> ) fruit extract, Raspberry ( <i>rubus idaeus</i> ) seed powder		
Lycopene 10%	10 mg	*
Lutein 5%	6 mg	*
Zeaxanthin	5 mg	*
D. Salina natural mixed carotenoids	1.5 mg	*
* % Daily Value not established.		